

ABSTRACT

An outsole is provided comprising a frame portion composed of a first material to provide stability to the outsole, and one or more insert portions molded to the frame portion. The insert portions are composed of a second material to provide a cushioning effect. The surfaces of the insert portions may include one or more hollow, molded cushioning modules formed in a semispherical shape. In one embodiment, the outsole includes a ball-strike insert portion and a heel-strike insert portion. The ball-strike insert portion may also include a plurality of parallel, molded ribs oriented perpendicular to the toe-to-heel direction of the outsole. In one embodiment, the frame portion is composed of a relatively firm thermal plastic resin (TPR), and the insert portions are composed of a softer TPR. In another aspect of the invention, a shoe is provided, comprising an upper, an insole board, and an outsole having attributes described above.